

NEWSLETTER

Oct 16th, 2025

School-Wide News

LifePlus High School Volleyball Tournament

Our students have already headed to Wuhan for the volleyball league. They are working together in unity, striving for every point in the matches. These exciting games have shown us the perseverance of these young leopards. We wish them all the best





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International Day

International Day is our annual tradition of celebrating our diversity and learning about countries at YIA. This year's International Day is scheduled for 10:00 am on Saturday, November 1. All parents are welcome to come and enjoy the celebration!

Parent-Teacher Conference (Student-led Conference)

To further enhance the collaboration between home and school and build a more effective communication bridge, we are delighted to announce the launch of a new communication format for this semester—the "Student-Led" One-on-One Parent-Teacher Meeting.

The core of this meeting is to place students at the center, allowing them to personally guide their parents in face-to-face conversations with each subject teacher. We believe that this approach will more vividly and holistically showcase students' learning achievements and growth, while also helping to jointly identify areas that require collective effort and improvement.

The event is tentatively scheduled **from Thursday, October 30 to Friday, October 31**. Further details, such as the specific process, appointment method, and schedule, will be shared in the weekly newsletters over the next two weeks. Please stay tuned for updates.

We look forward to your active participation as we work hand in hand to support the growth of every child!

Invitation to Queen's University (Canada) Online Information Session

We cordially invite you and your child to attend the Queen's University online information session.

 Date: Monday, October 27, 2023

 Time: 7:00 PM - 8:00 PM

 Format: Online (Link to be provided after registration)

Admissions officers from Queen's University will provide a comprehensive overview, including:

Program highlights and academic strengths

Popular majors and course offerings

Application requirements and admission criteria

Student life and campus culture

Live Q&A session



Yantai International Academy
35 Tianshan Road, Yantai Economic Development Area, Shandong, China 264000
烟台爱华双语学校出国留学部
中国山东省烟台市开发区天山路35号 邮编264000

www.yia-china.com

E: admissions@yia-china.com

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This is an excellent opportunity to gain an in-depth understanding of this top-tier Canadian university. We highly recommend it for students interested in applying to institutions in North America.

LifePlus Middle School Soccer Tournament

YHIS&YIA is hosting the LifePlus Middle School Soccer Tournament on Friday-Saturday, October 24-25. Three other LifePlus schools are participating in the tournament. We are looking forward to an exciting and competitive tournament for all!



Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Korean	Multigrain Rice*, Soybean Paste Soup*#, Braised Pork Ribs*, Egg Rolls ^, Grilled Chicken Salad #*	Multigrain Rice*, Miso Soup*#, Stir-fried Pork*, Steamed Egg^*, Seasoned Bean Sprouts*, Tornado Potatoes*^&	Shrimp Fried Rice#^*, Egg Soup^*#, Hamburg Steak*^&, Stir-fried mushroom- with perilla oil #* Cobb salad with- wrench sauce ^&	Multigrain Rice*, Bean Sprout Soup*#, Korean Braised Chicken*, Stir-fried Sausages and Vegetables*, Potato Salad^	Stir-fried Beef Rice*, Udon*#^&, Sweet and Sour Fried Chicken*^&, Stir-fried Broccoli*, Salad with Cherry Tomatoes
Chinese/ Western	Multigrain Rice, Millet Congee, Braised Beef with Radish and Carrot*, Black Pepper Pork Chop*^ Stir-fried Broccoli Steamed Egg^*,	Multigrain Rice; Cornmeal Porridge, Stewed Ribs with Yam*; Mexican Chicken Wrap*^&, Stir-fried Potato, Green Pepper and Eggplant*# Stewed Starch Noodles with Chinese Cabbage*	Multigrain Rice, Cornmeal Porridge, Fried Chicken Cutlet* Braised Pork with Mushroom*, Stir-fried Zucchini with Carrot* Stir-fried Shredded Potatoes*,	Multigrain Rice, Rice Porridge, Roasted Pork Neck* Stir-fried Shrimp with Celery*#, Scrambled Eggs and Tomato*^* Stir-fried Choy Sum with Mushroom*	Multigrain Rice, Seaweed and Egg Soup^*#, Braised Pork with Quail Eggs*^, Ham and Bacon Sandwich*& Stir-fried Broccoli and Cauliflower* Minced Garlic Bok Choy*
Fruit	Seasonal Fruits				

Allergies:

*Wheat

#Seafood

&Dairy

^Eggs

@Nuts

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*If a salad is served with a specific dressing, the allergens are listed on the menu. However, for the salad with optional dressings, the allergens are not listed.